



## SAFE OPERATING PROCEDURE

# Extreme Stream

- 2 Activity Supervisor over 16 years old, per 15 participants
- Covered shoes must be worn, shoes will get wet
- There must be a competent supervisor who is leading the activity
- If participants are climbing waterfall, use rope provided and correct spotting technique, take care all the time as ground is uneven and slippery
- The supervisors must be familiar with the stream and take a cell phone
- Someone at camp must know start times and estimated time of return
- Other supervisors must be spread throughout the group to maintain motivation and control
- All participants must have appropriate gear including footwear, first aid, and clothing
- Keep to the stream. If you can't see the stream, you've gone too far
- Once you reach the fork in the stream head left towards wooden bridge, once on the path walk left towards camp, stay to track and don't deviate
- Helmets to be worn at all times
- Do a head count before and after Extreme Stream

**All damage and injuries must be reported to CYC Staff as soon as practicable**

**Failure to follow these instructions could result in injury.**

**CYC reserve the right to close this activity if these instructions are not followed.**

**To contact CYC Staff go to the office**